

# HRH Princess Eurika Mogane



## Educational Background

Overview of HRH Princess Eurika Moganes educational background. Even with limited resources, she brought herself to study outside of the classroom.

## Awards/Accolades

The many commendable work and community development projects that she rubs were recognised in their own right.

# HRH Princess Eurika Mogane

## Biological Sketch of HRH Princess Eurika Mogane

HRH Princess Eurika Mogane is a distinguished Multi-Award-Winning Serial Entrepreneur, National Commissioner, and dedicated community leader serving as the Rakgadi (Princess Royal) of the Mogane Royal Family and Traditional Council in Mpumalanga, South Africa. With a mission rooted in purpose and service, she has dedicated her life to youth empowerment, gender equality, and sustainable community development. She brings over 16 years of cumulative leadership expertise across the public and private sectors, complemented by 12 years of executive entrepreneurial experience.

## National Leadership and Advocacy

Appointed by His Excellency President Cyril Ramaphosa, Princess Eurika serves as a National Commissioner for Gender Equality. In this capacity, and as the Secretary General of the South African Royal Princesses Network (SARPN), she plays a pivotal role in nation-building and the fight against gender-based violence (GBV). Her leadership extends to the African Women Leaders Network (AWLN), where she serves as the Youth Caucus Leader. To further her impact in the public sector, she successfully completed the Nyukela: Pre-entry to Senior Management Service (Levels 13-14) through the National School of Government in 2026 with a 97% pass rate.

## Entrepreneurial Excellence and Innovation

Princess Eurika is the founder and Group Director of Tharika M Group, a diversified conglomerate established in 2014. Her journey from an office cleaner to a celebrated entrepreneur and Presidential Appointee is a testament to her resilience and "Vision-First" philosophy. The group's portfolio includes Tharika M Health Wellness Centre, Tharika M Transport and Tours, and Tharika M Publishing. Her business acumen is further recognized through her role as an Executive Board Member for the Kruger Lowveld Chamber of Business and Tourism (KLCBT).

## Proprietary Leadership Framework

A pioneer in "Soul Management," Princess Eurika is the visionary author of The Eurika Impact Equation™: A Sovereign Manifesto (Patent Pending: 1551651). This mathematical framework— $I = (V \times A) / P$ —is designed to collapse the "era of delay" in leadership by emphasizing urgent action and ethical accountability.

## Academic Prowess and Mentorship

A lifelong learner with over 40 qualifications, Princess Eurika holds a Diploma in International Business and Trade (passed with an 85% distinction) and is currently pursuing a Bachelor of Arts in International Relations at UNISA. Her academic achievements include a Cum Laude certification in Sustainable Development Goals from the University of Cambridge. As a dedicated mentor, she guides the next generation of leaders through the University of Pretoria and the United Leaders Global program.

## Recent Accolades and Recognition

Princess Eurika's impact has been recognized through numerous prestigious honors, most notably the SAHA Lifetime Achievement Award (2026), where she was the youngest recipient in the history of the South African Heroines Awards. She was also selected for the elite McKinsey Forward Program (2026) and serves as a World Food Forum Youth Representative under the FAO.

A woman of deep faith and a published author of over 15 titles, she remains a steadfast solution-seeker, ensuring that individuals and communities rediscover and fulfill their divine purpose with a sovereign sense of urgency.

# HRH Princess Eurika Mogane

Multi-Award Winning  
Community Leader



## Education

### **National Senior Certificate**

Valencia Combined School 1997 - 2009

### **BSc Biological and Agricultural Sciences**

University of Pretoria 2010 - 2011

### **Certificate in Neuroscience (Human Physiology)**

University of Pretoria 2012

### **BSc Medical Sciences**

University of Pretoria 2010 - 2012

### **Certification in Communication Science (Community Journalism)**

University of South Africa 2013

### **National Diploma in Business Management and Entrepreneurship**

Unigrad College 2016 - 2018

### **Certification in Theology and Religion (Pastoral Trauma Counseling)**

University of Pretoria 2021

### **Political Sciences - Sustainable Development Goals (Law and Policy Certification) : Cum Laude**

Cambridge University 2024

### **Diploma in Colon Hydrotherapy and Irrigation**

Nelspruit Intergtated Health and Spa Centre - Colon Care South Africa 2021

### **Advanced Certification Life Coaching Practitioner**

Efficient Coaching Institute 2025

### **Diploma in International Business and Trade**

National Programme on Technology Enhanced Learning - Alison 2025 - 2026

### **Bachelor of Arts in International Relations**

University of South Africa 2026 - 2029

## Additional Educational/ Skills Development

### **Advanced Diploma in Managerial Skills for Interpersonal Dynamics** 2026

Alison Online Learning

### **Certification in Effective Communication for Healthy Outcomes** 2019

Young African Leaders Network

### **Certification in Agripreneurship - A Path to the Future** 2019

Young African Leaders Network

### **Certification in Basics of Public-Private Partnerships** 2019

Young African Leaders Network

### **Certification in Fundamentals of Grant Writing** 2019

Young African Leaders Network

### **Certification in Understanding Climate Change** 2019

Young African Leaders Network

### **Certification in Medical Neuroscience** 2020

Duke University

### **Certification in Industrial Biotechnology** 2020

The University of Manchester

### **Certification in Fundamental Neuroscience for Neuroimaging** 2020

Johns Hopkins University

### **Certification in Introduction to Psychology** 2020

Yale University

### **Counselling Practitioner (Beginner to Advanced)** 2020

The Academy of Modern Applied Psychology (United Kingdom)

### **Cognitive Behavioural Therapy Practitioner** 2020

The Academy of Modern Applied Psychology (United Kingdom)

### **Diploma in Health and Wellness** 2020

FAB Academy (United States of America)

### **Advanced Diploma in Naturopathic Medicine - Theory** 2020

UDEMY - Dr Omar Abed (India)

### **Certification in Clinical Aromatherapy** 2020

Mark Perren-Jones Spa Training Academy

# HRH Princess Eurika Mogane

Multi-Award Winning  
Community Leader



## ***Certification in Coronavirus - What You Need to Know***

Alison Online Learning Institution (Ireland) 2020

## ***Certification in Mpox - What You Need to Know***

Alison Online Learning Institution (Ireland) 2020

## ***Diploma in Human Anatomy and Physiology***

Alison Online Learning Institution (Ireland) 2020

## ***Certification in Clinical Skills - Neurological Conditions***

Alison Online Learning Institution (Ireland) 2020

## ***Certification in Introduction to Human Nervous System***

Alison Online Learning Institution (Ireland) 2020

## ***Certification in Nursing Studies (Physical Examination)***

Alison Online Learning Institution (Ireland) 2020

## ***Certification in Nursing Studies (Patient Care and Hygiene)***

Alison Online Learning Institution (Ireland) 2020

## ***Diploma in Clinical Nursing Skills***

Alison Online Learning Institution (Ireland) 2020

## Additional Educational/ Skills Development

### ***Certification in Neuroscience for Beginners***

UDEMY Online Learning Institution 2020

### ***Accredited Certification in Occupational Therapy (IAOTH - International Association of Therapists)***

UDEMY Online Learning Institution 2020

### ***Certification in Fundamentals of Occupational Therapy***

UDEMY Online Learning Institution 2020

### ***Accredited Certification in Clinical Trauma Specialist: CCTS-I***

Trauma Institute International 2020

### ***Certification in Medical Care Assistant - Basic Sciences***

UDEMY Online Learning Institution 2020

### ***Internationally Accredited Diploma in Health & Wellness***

International Association of Therapists (IAOTH) 2023

## Scholarships & Honorable Accolades: Education and Skills Development

### ***International Diploma in African Women Entrepreneurs for Sustainable Impact***

Honoris United University 2023

### ***Accredited Certification in Women in Agriculture Accelerator Programme***

AgriVuno 2024

### ***Honorary Doctorate in Youth & Women, Development, Empowerment, Leadership and Philanthropy***

Myles Leadership University 2024

### ***Political Sciences - Sustainable Development Goals (Law and Policy Certification) : Cum Laude***

Cambridge University 2024

# HRH Princess Eurika Mogane

## Public Servant Certifications

Multi-Award Winning  
Community Leader



## Public Servant Certifications

**Professional Certificate Nyukela: Pre-entry to Senior Management Service (Levels 13-14) (97% Pass Competent)**

National School of Government

2026

**Certification in Rights and Justice in Africa: Exploring the African Charter**

National School of Government

2025

**Certification in Knowing and Living Our Constitution**

National School of Government

2025

**Certification in Introduction to Policy Formulation and Implementation**

National School of Government

2025

**Certification in Introduction to Leading Change**

National School of Government

2025



**school of government**

Department:  
National School of Government  
REPUBLIC OF SOUTH AFRICA

**Vision:**

An Ethical and Capable Public Sector in Service of the People.

**Mission:**

To Empower Public Servants to be Responsive to Citizen Needs and Government Priorities, through Education, Training and Development interventions  
More Information.

# Current Directorship/ Advisory Board / Council Roles

## ***National & Statutory Commissions:***

- National Commissioner: Commission for Gender Equality (CGE) | 2024 – 2029  
Appointed by the President of South Africa to advocate for gender transformation and oversee the protection of gender rights nationwide.

## ***Royal & Traditional Leadership:***

- Rakgadi of the Kraal (Princess Royal): Mogane Royal Family and Mogane Traditional Council | Lifetime Appointment
- Secretary General: South African Royal Princesses Network (SARPN) | 2025 – 2028
- Siyatiphilisa Groundnut NPC Ambassador: Over 200 Elderly Women Farmers | 2025 - Present
- Community Upliftment Ambassador: Amakhosikati (Queens) of Mpumalanga Traditional Houses | 2024 – Present

## ***Executive Board & Governance:***

- Executive Board Member: Kruger Lowveld Chamber of Business and Tourism (KLCBT) | 2025 – 2028
  - Executive Council Member: South African Women in Dialogue (SAWID) | 2024 – Present
  - Executive Director: Apostle Peter Jones Foundation | 2022 – Present
  - Group Director: Tharika M Group | 2014 – Present
- Overseeing Tharika M Health Wellness Centre, Tharika M Transport and Tours, and Tharika M Publishing.

## ***Continental & International Advocacy:***

- Youth Caucus Leader (Mpumalanga): African Women Leaders Network (AWLN) South Africa | 2023 – Present
- A joint initiative of the African Union (AU) and the United Nations (UN).
- Affiliate Volunteer & Learning Affiliate: Alison Online Learning Institution (Ireland) | 2020 – Present
  - Lifetime Member: Golden Key International Honour Society | 2011 – Present

## ***Academic Mentorship & Historic Leadership:***

- Student Mentor: University of Pretoria | 2022 – Present
- Executive Operations Member: Spa and Wellness Association of Africa (SWAA) | 2022 – 2024
- SRC Chairperson: Unigrad College | 2017
- Chairperson (Student Arts & Poetry): University of Pretoria | 2011 – 2012
- Chairperson (Student Faith-Based Organization): University of Pretoria | 2010 – 2012

# Employment or Working History

## National Commissioner | Commission for Gender Equality (CGE)

2024 – 2029

- Appointed by the President of South Africa to provide high-level, nationwide oversight on gender transformation.
- Monitors, evaluates, and enforces constitutional compliance regarding gender rights within public and private sectors.
- Utilizes "Nyukela: Pre-entry to Senior Management Service" certification to apply ethical governance standards to statutory duties.
- Lays the framework for national policy through specialized expertise in Policy Formulation and Leading Change.
- Advocates for justice frameworks utilizing advanced studies in the African Charter on Human and Peoples' Rights.
- Formulates strategic responses to systemic Gender-Based Violence (GBV) based on quantitative research and data analysis.
- Mentors incoming administrative staff on the constitutional mandate and ethical constraints of the Commission.
- Prepares statutory reports for Parliament and other primary stakeholders regarding the state of gender equality.

## Rakgadi of the Kraal (Princess Royal) | Mogane Royal Family & Traditional Council

### Lifetime Appointment

- Directs community upliftment and social development initiatives across Mpumalanga under a traditional leadership mandate.
- Formulates the strategic vision and long-term mission for community welfare programs and regional town integration.
- Acts as the primary media spokesperson and manages public relations for the Mogane Royal Family.
- Serves as Secretary General of the South African Royal Princesses Network (SARPN), driving nationwide nation-building and GBV advocacy.
- Mediates community and family disputes using a combination of traditional justice principles and modern counseling techniques.
- Approves strategic partnerships and evaluates sponsorship opportunities to ensure alignment with Royal values.
- Hosts community dialogues on critical issues including sustainable conservation, local economic development, and cultural preservation.
- Oversees the welfare and mentorship of young women and children through the "Sovereign Standard of Excellence" framework.

## Group Director | Tharika M Group 2014 – Present

- Directs the full business lifecycle and long-term strategic growth for a diversified conglomerate.
- Oversees the functional integration of Tharika M Health Wellness Centre, Transport & Tours, and Publishing divisions.
- Manages operational budgets, entrepreneurial finance models, and corporate reporting for all subsidiaries.
- Serves as the Publishing Director, leading the editorial and millennial marketing of over 15 distinct book titles.
- Negotiates high-level corporate partnerships and maintains board-level seats, including with the KLCBT.
- Develops integrated digital marketing and brand sustainability strategies for the entire Group portfolio.
- Recruits and mentors executive management and administrative teams in operational efficiency and "Duty of Care".
- Ensures full regulatory compliance across all business operations, including transport permits and health clinical standards.

# Employment or Working History

## **Co-Founder & Wellness Practitioner | Tharika M Health Wellness Centre 2021 – Present (Remote and Virtual)**

- Manages day-to-day clinical operations specializing in Life Coaching through Nutritional Therapy and Functional Medicine.
- Integrates specialized training in Pastoral Trauma Counselling and CBT into patient recovery protocols.
- Oversees full administrative management, including client intake, electronic health records, and follow-up data systems.
- Conducts advanced wellness screenings for gut health issues analysis.
- Trains and mentors medical support staff in ethical client relationship-building and holistic patient care.
- Maintains standard operational procedures for clinical safety and the hygienic management of advanced wellness equipment.
- Coordinates care with external medical specialists to provide integrated, multidisciplinary patient solutions.
- Monitors client progress data to refine clinical practices and enhance long-term patient health outcomes.

## **Independent Contractor: Marketing Manager & Therapist | Nelspruit Integrative Medical Centre 2020 – 2021**

- Performs colonic irrigations and implant training while managing Regional Medical Centre and Spa marketing.
- Manages the center's reputation via national digital listening and omni-channel marketing.
- Performs full Colon Hydrotherapy Sessions: Administration of Ozone Implant, and additional implants based on clients needs.
- Conducts structured cognitive neurological distress therapies for nervous system dysfunctions.
- Treats musculoskeletal trauma to bones, joints, and chronic conditions such as arthritis through the G5 Body Contouring Machine.
- Performs colon hydrotherapy for weight management, parasites, and digestive issues.
- Educates patients on the physiological effects of waste matter and provides dietary supplement advice.
- Packages holistic healthcare offerings with Customer Experience (CX) tracking and follow-up.

## **Healthcare Leader & Marketing Manager | Sabi Sand Wildtuin 2019 – 2020**

- Served as the COVID-19 Healthcare Leader and HIV/Aids Wellness Coordinator within the indigenous wildlife reserve.
- Led pandemic preparedness education, PPE availability, and vaccination protocols at the community level.
- Launched educational marketing campaigns promoting sustainable conservation for protected spaces.
- Entrenched the brand as a preserver of diverse habitats for future generations and the local economy.
- Hosted dialogues on community gardening, wildlife conservation, and anti-rhino poaching.
- Acted as internal and external Communications Officer, bridging community and conservation goals.
- Managed social investment by assessing nutritional status and designing meal planners for community members.
- Integrated storytelling PR to join local communities as active conservation partners.

## **Mpumalanga Divisional Manager: Sustainability | Cancer Association of South Africa (CANSA) 2016 – 2019**

- Managed the divisional sustainability department as the youngest African female manager in the organization's history.
- Developed and executed environmental and marketing strategies for corporate and community wellness campaigns.
- Controlled regional operational budgets and monitored performance against organizational goals.
- Conducted clinical screenings for high blood pressure, and Smokerlyzer testing. A Smokerlyzer test is a quick, non-invasive breath test used to measure carbon monoxide (CO) levels in a person's body.
- Acted as a community mouthpiece for disadvantaged groups to improve cancer awareness and education.
- Facilitated sustainability fundraising events to support those affected by cancer in the Mpumalanga region.
- Received multiple Employee of the Month awards and the Head Office Silver Award for Sustainability.
- Engaged with corporate clients to implement health-focused workplace wellness strategies.

# Employment or Working History

## **Business Management Intern | Unigrad College 2015 – 2016**

- Served as the Student Health Advisor and Promoter, driving engagement in campus wellness initiatives.
- Collaborated with technical oversight bodies to advance student engagement and resolve organizational conflicts.
- Led complex database processing and analysis to track student engagement trends.
- Supported staff training initiatives by preparing instructional materials and logistical support.
- Prepared detailed corporate reports for senior management regarding departmental performance.
- Managed administrative support for the business department, ensuring accurate record-keeping.
- Acted as a student liaison to bridge communication gaps between students and administration.
- Leveraged internship to achieve "Merit Achiever" status, completing the National Diploma at the top of the class.

## **Assistant to the Executive Sales Manager | Lowveld Media 2014 – 2015**

- Provided high-level administrative support to the Executive Sales Manager in a fast-paced media environment.
- Managed complex scheduling and diary coordination for the executive team to facilitate stakeholder meetings.
- Actively met and exceeded rigorous monthly sales targets through strategic client acquisition.
- Assisted in the development of compelling sales proposals and advertising packages for regional clients.
- Maintained accurate records of sales performance and client interactions within the company CRM.
- Served as a professional liaison between the executive office and the broader sales department.
- Conducted market research to identify emerging advertising trends and new revenue streams.
- Facilitated the resolution of client queries regarding billing and advertising specifications.

## **Personal & Creative Production Assistant | Betsoe Sound & Video (Pty) Ltd. 2013 – 2014**

- Managed end-to-end copywriting for diverse media projects, ensuring brand consistency.
- Coordinated professional photography and videography sessions for corporate delegates and events.
- Executed technical sound engineering duties for live events and recorded productions.
- Conducted interviews with delegates and stakeholders to gather content for media productions.
- Promoted to Video Editor and Voice-over Artist based on technical proficiency and creative performance.
- Directed graphic design tasks, creating visual assets for digital and print media channels.
- Facilitated event management logistics, ensuring all audio-visual requirements met specifications.
- Streamlined creative workflows between production teams and external clients to meet deadlines.

## **Student Society Chairperson: Penseed Poets | University of Pretoria**

**2011 – 2012**

- Executive Governance & Compliance: Directed all operational aspects of the society to ensure full compliance with the University of Pretoria's Student Society regulations and institutional requirements.
- Strategic Recruitment & Growth: Spearheaded a targeted recruitment campaign to expand the member base, successfully securing the required numbers to maintain official university establishment status.
- Holistic Wellness Support: Applied a "Duty of Care" framework to provide wellness support for the poetry team, fostering a supportive environment for emotional expression and mental health among members.
- Event Curation & Management: Orchestrated and hosted high-impact "Poetry Psyphers," managing all logistics, venue coordination, and public relations for the society's performance events.
- Human Capital Development: Designed and facilitated structured team-building sessions to improve collaboration, performance quality, and internal cohesion among diverse student poets.
- Financial Oversight & Accountability: Managed the society's financial resources, including budget allocation for events and ensuring transparent reporting in line with student body financial standards.
- Advocacy & Representation: Acted as the primary representative of the society in university forums, advocating for the role of arts and poetry in student development and mental wellness.
- Project Leadership: Supervised the creative direction of the society's productions, ensuring that all public-facing poetry content met the society's standards of excellence and service.

# Proprietary Leadership Framework

## The Eureka Impact Equation™: A Sovereign Manifesto

As a visionary leader, HRH Princess Eurika Mogane has developed and patented a mathematical framework for Soul Management. This methodology is designed to collapse the "era of delay" and transform passive administration into high-velocity, ethical leadership.

### The Core Formula

$$I = \frac{(V \times A)}{P}$$

(Where P is not equal to Zero)

- Sovereign Vision (V): The weight of the intention, ranging from individual impact (V=1) to Global/Sovereign Standards (V=100).
- Proactive Nudge (A): The raw energy and multiplier of courage. It utilizes the 14-Day Mandate, ensuring any critical issue is resolved within a fortnight.
- Procrastination (P): The denominator of resistance. The framework aims to drive this factor as close to 1 as humanly possible to prevent the "Silent Thief" from stealing community progress.

### Methodology & Intellectual Property

- Legal Status: Patent Pending (CIPC Ref: 1551651) and Trademarked (Class 35-1550342).
- The Sovereign Resistance Scale: A numerical audit tool used to quantify the cost of delay, ranging from "Holy Agility" (P=1) to the "Comfort Trap" (P=5,000+).
- The Impact Gradient: A legacy auditing system that categorizes leaders into three tiers: The Sovereign Visionary, The Hesitant Leader, and The "What If" Individual.

### The Sovereign Resistance Scale (P)

A brutal numerical audit to confront delay with honesty:

- P=1: Holy Agility; immediate execution where vision flourishes without resistance.
- P=500: Comfort with inaction; missing the 14-day mandate.
- P=1,000: Deep procrastination; output consists primarily of excuses.
- P=10,000: The ultimate failure; all talk and zero progress, rendering even a massive vision to a mathematical zero.

### Intellectual Property & Legal Protections

- Jurisdiction: South Africa (CIPC Protected).
- Patent Status: Patent Pending (CIPC Ref: 1551651).
- Trademark Status: Reference Number Class 35-1550342.
- Copyright: © 2026 Tharika M Trading Investments (Pty) Ltd. All rights reserved.
- Usage Policy: This proprietary system is protected against unauthorized use for business, training, or "Soul Management" at an institutional level without written permission from the Office of HRH.

# Framework Application & Case Analysis

## Practical Implementation: "The 14-Day Mandate"

In her capacity as Group Director of Tharika M Group and as a National Commissioner, Princess Eurika applies this equation to ensure that every document is treated as a life—not a file.

### Evidence-Based Impact

This framework was used to audit and recalibrate community development in Mpumalanga, comparing stagnant titled leadership against Sovereign Action:

Soul Management: Moving beyond Western blueprints to incorporate the Ubuntu factor, ensuring leadership is ethical, empathetic, and selfless.

- Urgency as Currency: A refusal to occupy the "Passive Seat." This philosophy dictates that urgency is the true currency of the Crown, driving the shift from "Maintenance" to "Mandate".
- Verification by Results: The equation rejects false data; true impact is verified through the quality of infrastructure, audit reports, and the tangible economic empowerment of the people.
- "Urgency is the currency of the Crown. Let us spend it with Ubuntu."

## The Architecture of Soul Management

Princess Eurika's philosophy transcends traditional Western management by prioritizing the human soul as the primary variable in the leadership equation. This approach demands a deep internal audit of a leader's motives to ensure actions serve the collective good rather than individual greed.

### Core Philosophical Pillars

- The Ubuntu Factor: Shifting from cold logic to empathetic leadership where every document, signature, or policy is viewed as a human life requiring dignity, water, or education.
- Vacating the Passive Seat: A directive to reject bureaucratic stagnation and "Maintenance Mindsets" that merely keep systems afloat without driving meaningful, urgent change.
- Urgency as a Moral Mandate: Recognizing that procrastination is not just a bad habit but a fundamental failure in the "Duty of Care" owed to vulnerable communities.
- Ethical North & Spiritual Alignment: Grounding leadership in a "Divine Nudge" and the Holy Spirit, ensuring that power is used as a temporary assignment from the Creator to serve as a watchman for the people.

### Operationalizing the Sovereign Mindset

- The 14-Day Mandate: A commitment to resolving critical community and corporate issues within a fortnight, aggressively collapsing the gap between a thought and its execution.
- Proactive Nudge vs. Busywork: Distinguishing between meaningful progress that resolves "pending cases" and mindless mechanical activity that lacks purpose.
- Perfectionism Deconstruction: Rejecting the "Perfectionism Trap"—viewing it as procrastination in a suit—and instead prioritizing agility and immediate field-level impact.
- The Sovereignty of Result: Ensuring that an "Impact Score" is only considered valid if it results in tangible emotional healing, economic empowerment, and the restoration of dignity for the people.

***"Corruption starts when a leader sits in a Passive Seat and forgets the face of the person waiting for that signature."***

# Strategic Capabilities & Global Impact

## I. Executive Competencies & Governance

- Statutory Oversight: Expert in monitoring and enforcing constitutional compliance regarding gender rights within both public and private sectors.
- Strategic Policy Formulation: Specialized in developing national policy frameworks and leading systemic change through quantitative research and data analysis.
- Ethical Governance: Applied expertise in the "Nyukela" SMS standards to maintain ethical constraints and constitutional mandates within statutory bodies.
- Traditional Justice & Mediation: Expert in mediating complex community and family disputes using a blend of traditional principles and modern counseling techniques.

## II. Technical Proficiency & Clinical Wellness

- Functional Medicine & CBT: Proficient in integrating Pastoral Trauma Counseling and Cognitive Behavioral Therapy (CBT) into patient recovery and life coaching protocols.
- Advanced Wellness Screening: Experienced in conducting physiological gut health analysis and structured neurological distress therapies.
- Diversified Fleet Management: Oversight of full business lifecycles for logistics, including transport permits, 8-ton truck fleets, and operational budget management.
- Media & Creative Production: Skilled in end-to-end copywriting, sound engineering, and leading millennial marketing strategies for over 15 distinct book titles.

## III. Global Advocacy & Mentorship

- International Representation: Serving as the Youth Caucus Leader for the African Women Leaders Network (AWLN), a joint initiative of the African Union and United Nations.
- World Food Forum: Recognized Youth Representative advocating for global food security and sustainable agricultural development.
- Legacy Building: Dedicated mentor for the University of Pretoria's Final Year Mentorship Programme and a United Leaders Global Mentor.
- Scholastic Excellence: Lifetime member of the Golden Key International Honour Society, recognized for outstanding academic and community contributions.

## IV. Community Transformation & Philanthropy

- Agricultural Empowerment: Business Volunteer Ambassador for the Siyatiphilisa Groundnut NPC, supporting over 150 women farmers in sustainable peanut butter production.
- Crisis Leadership: Proven COVID-19 Healthcare Leader, managing pandemic preparedness, PPE logistics, and community vaccination protocols.
- Youth & Women Development: Holder of an Honorary Doctorate in Philanthropy and Leadership, focusing on the "Sovereign Standard of Excellence" for mentoring young leaders.

***"We must teach our young women and men that they are not stuck as victims of their past—they are the powerful victors of their urgency right now."***

# Legacy Milestones & Specialized Expertise

## I. Historical Career Foundations

- **From Adversity to Achievement:** A documented transition from a medical school dropout in 2012 due to financial constraints to a Merit Achiever at Unigrad College and a Presidential Appointee.
- **Early Professional Excellence:** Recognized as the youngest African Female Manager in the history of the Cancer Association of South Africa (CANSA), where you earned the Head Office Silver Award for Sustainability.
- **Media & Journalism Roots:** Completed a Community Journalism qualification through UNISA in 2013, which serves as the foundation for your current role as Publishing Director of Tharika M Publishing.

## II. Specialized Clinical & Wellness Protocols

- **Integrated Therapy Solutions:** Skilled in ozone and flotation therapy, EWOT (Exercise with Oxygen Therapy) sessions, and specialized colonic irrigation and implant training.
- **Public Health Screenings:** Experienced in conducting Smokerlyzer testing, high blood pressure assessments, and general health stat checks for corporate and community wellness campaigns.
- **Nutritional & Functional Expertise:** Practices as a Medical Nutritional Therapist and Functional Medicine Therapist, focusing on holistic patient aftercare and dietary supplement advice.

## III. Strategic Soft Skills & Character Pillars

- **The "Bold and Brave" Mandate:** Identified as an independent thinker and agile communicator, capable of fielding and satisfying complex community concerns in real-time.
- **Authentic Leadership:** Described as a resilient, swift learner who maintains a high work ethic and a "Sovereign" assertive attitude toward proactive brand-building.
- **Empowering Servant Leadership:** Grounded in a broad intellectual knowledge base that allows for mentoring to global industry standards across health, business, and traditional leadership sectors.

## IV. Notable Legacy Highlights

- **Red Cross Governance:** Served as a Governance Brand Ambassador for the South African Red Cross Society in 2020.
- **COVID-19 Innovation:** Recognized for acting as a course developer and translator for Alison Online COVID-19 training, leading pandemic preparedness at the community level.
- **Sabi Sand Community Impact:** Recipient of the Sabi Sand Community Ambassador Award (2020) for bridging indigenous wildlife conservation with rural health advocacy.

## V. Technology & Production Mastery

- **Creative Suite Proficiency:** Advanced capability in Adobe Illustrator, CorelDraw, and Pinnacle Studio for the production of professional digital assets and video media.
- **Digital Management:** Experienced in WordPress development, OBS Studio for live broadcasting, and CRM-based Customer Experience (CX) tracking.

***"Success is grounded in overcoming adversity to reach career life goals through personal commitment."***

# Sovereign Advocate Portfolio

## I. Cancer Awareness Advocate

- **Organizational Pioneer:** Served as the youngest African Female Manager in the history of the Cancer Association of South Africa (CANSA), leading the Sustainability Department for the Mpumalanga region.
- **Clinical Outreach:** Conducted high-impact community screenings, including high blood pressure checks and Smokerlyzer non-invasive breath tests to measure carbon monoxide levels in the body.
- **Grassroots Voice:** Acted as a dedicated community mouthpiece for disadvantaged groups, improving localized awareness and education to de-stigmatize cancer.
- **Resource Mobilization:** Facilitated strategic sustainability fundraising events to provide direct support and resources for those affected by cancer in the Mpumalanga region.

## II. Gender Equality Advocate

- **National Oversight:** Appointed by the President of South Africa as a National Commissioner for Gender Equality (CGE) to oversee and enforce constitutional compliance across public and private sectors.
- **Strategic Reform:** Utilizes advanced expertise in Policy Formulation and Leading Change to address systemic gaps in gender rights and leadership equality.
- **GBV Frontliner:** Serves as the Secretary General of the South African Royal Princesses Network (SARPN), driving nationwide initiatives to combat Gender-Based Violence (GBV) through royal influence.
- **Youth Leadership:** Leads the African Women Leaders Network (AWLN) Youth Caucus, bridging the gap between young African female leaders and international policy bodies like the African Union and UN.

## III. Economic Empowerment Advocate

- **Agri-Enterprise Growth:** Serves as the Business Volunteer Ambassador for the Siyatiphilisa Groundnut NPC, empowering over 150 village-based women to transition from subsistence farming to commercial peanut butter production.
- **Entrepreneurial Mentorship:** Guides the next generation of business leaders through the McKinsey Forward Program and the University of Pretoria Final Year Mentorship Programme.
- **Chamber Leadership:** Elected Board Member of the Kruger Lowveld Chamber of Business and Tourism (KLCBT), advocating for localized economic growth and tourism sustainability.

## IV. Modern Traditional Leadership Advocate

- **The "Sovereign Standard":** Appointed as the Rakgadi (Princess Royal) of the Mogane Royal Family, redefining traditional leadership as a platform for modern social development and accountability.
- **Traditional Justice & Mediation:** Mediates community disputes by integrating ancient traditional principles with modern Cognitive Behavioural Therapy (CBT) and counseling techniques.
- **Policy Integration:** Participates in strategic briefings for indigenous leaders, ensuring that traditional houses are represented in international policy and sustainable conservation dialogues.
- **Youth Legacy:** Oversees the welfare and mentorship of young women within the Royal House through the Sovereign Standard of Excellence framework, ensuring cultural preservation meets modern empowerment.

***"Urgency is the currency of the Crown. We must be the answer our communities have been waiting for."***

# Awards / Accolades of Honour

1. 2026: South African Heroines Awards – Lifetime Achievement Award Recipient (Honorary Recipient for the 15th Year SAHA Celebration Event)
2. 2026: Golden Badge of Honor: Fixing Each Other's Crown Foundation
3. 2026: Women Changing the World Global Awards Finalist
4. 2026: University of Pretoria Almuni Mentor: Final Year Mentorship Programme
5. 2025: 31 Women of Impact Award Winner
6. 2025: United Leaders Global Mentor
7. 2025: World Food Forum Youth Representative
8. 2025: Rise of Women Leaders Key Delegate: Rise School
9. 2025: Siyatiphilisa Groundnut Project NPC Business Volunteer Ambassador: 150 Women from villages creating their own Peanut Butter.
10. 2025: Appointment as Kruger Lowveld Chamber of Business and Tourism Board Member: Business Chamber Director
11. 2025: African Women in Management Awardee – South Africa
12. 2025: Young Leaders Awards Winner: Entrepreneurship – Top 100
13. 2024 : University of Cambridge Scholarship Recipient: SDG – Law and Policy Studies
14. 2024: SANTAM Women of the Future Awards Nominee
15. 2024: Top 30 Honoris United Universities Grant Award Winner (Business and Entrepreneurship)
16. 2024: University of Pretoria Mentor for Final Year Students
17. 2024: SEDA Asset Assist Programme Grant Beneficiary (Business Management)
18. 2024 : Women of Inspiration Awards Nominee
19. 2024: Appointment as Part-Time Commissioner for Gender Equality
20. 2024 Young Leaders Awards: Dear South Africa – Business Category
21. 2024 AgriVuno Women in Agriculture Programme Cohort
22. 2024 Jemmis Femmes African Women Entrepreneurs For Sustainable Impact Top 7000 Cohort
23. 2024 Women in Africa & Deloitte Mentorship Programme
24. 2023: Inside Education Top 100 South African Shining Stars Awards Winner
25. 2023: The Feature Magazine Top 50 Most Memorable Women Awards Societal Empowerment Winner
26. 2023: National Science and Technology Forum South32 Nominee
27. 2023: African Women Leaders Network South Africa – Youth Caucus Leader
28. 2023: African Union 3rd Annual Men's Conference Delegate
29. 2023 : Breast Cancer Awareness Campaign Ambassador – Riverside Mall
30. 2023: Official Appointment at Princess Royal (Rakgadi) of the Mogane Royal Family and Mogane Traditional Council
31. 2023: University of Pretoria Student Mentorship Recognition Award
32. 2022: Golden Key Academy Articles Writer
33. 2022: Concsious Companies Top Three Finalist – Sustainable Business Category
34. 2022: Sunrise Women's Awards – Young Women Achiever of the Year
35. 2022: Sunrise Women's Awards Nominations – Small Business Entrepreneur of the Year, Academic Excellence, Woman of Influence
36. 2022: SPAR Women's Race Ambassador
37. 2022: SABC Ligwalagwala FM Health and Wellness Education Guest Speaker Ambassador
38. 2022: Fabulous Women's Awards Nominee
39. 2022: Forty Under 40 Africa Awards – Honorary Entrepreneurship Category
40. 2022: Insights Care Healthcare Solutions Hub: Top Healthcare Profile Story
41. 2021: South African Heroines Awards Nominee
42. 2021: Golden Key International Honors Society (Outstanding Member) Award
43. 2021: SANTAM Women of the Future Awards Nominee
44. 2021: Mail & Gaurdian Top 200 Young South Africans Awards (Editors Choice for COVID – 19 Frontliners)
45. 2020: Golden Key International Honors Society (Alumni Members) Award
46. 2020: Alison Online Learning Institution Golden Volunteer Award (Certificate of Commendation)
47. 2018: Apostle Peter Jones Foundation Community Leader Ambassador
48. 2018: Unigrad College: Outstanding Student Award Winner (Business Management & Entrepreneurship)
49. 2017: Cancer Association of South Africa : Head Office Sustainability Silver Award Winner
50. 2016: South African Writers College Most Memorable Short Story Recognition
51. 2011: Golden Key International Honors Society Lifetime Membership Award (Undergraduate)
52. 2009: Valencia Combined School (Principals Award for Outstanding and All Rounder Scholar)
53. 2009: Arts and Culture Eisteddfods Performance Award



HRH

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